le boat
Who’s on board?

BRITTANY
Region Guide
<table>
<thead>
<tr>
<th>Canal d’Ille et Rance &amp; Vilaine River</th>
<th>Approx time</th>
<th>No. of locks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dinan</td>
<td>30 min</td>
<td>1</td>
</tr>
<tr>
<td>Léhon</td>
<td>4 hr</td>
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</tr>
<tr>
<td>St-Domineuc</td>
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<td>5</td>
</tr>
<tr>
<td>Tinténiac</td>
<td>5 hr 45 min</td>
<td>18</td>
</tr>
<tr>
<td>Montreuil-sur-Ille</td>
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</tr>
<tr>
<td>St-Médard-sur-Ille</td>
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<td>7</td>
</tr>
<tr>
<td>Betton</td>
<td>1 hr 40 min</td>
<td>3</td>
</tr>
<tr>
<td>St-Gérogne</td>
<td>1 hr 5 min</td>
<td>2</td>
</tr>
<tr>
<td>Rennes</td>
<td>3 hr 10 min</td>
<td>6</td>
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<tr>
<td>Pont-Réan</td>
<td>2 hr</td>
<td>2</td>
</tr>
<tr>
<td>Bourg-des-Comptes</td>
<td>1 hr 5 min</td>
<td>1</td>
</tr>
<tr>
<td>Ploërmel</td>
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<td>0</td>
</tr>
<tr>
<td>Guipry</td>
<td>2 hr</td>
<td>0</td>
</tr>
<tr>
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</tr>
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<td>Beslé-sur-Vilaine</td>
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</tr>
<tr>
<td>Redon</td>
<td>1 hr</td>
<td>0</td>
</tr>
<tr>
<td>Rieux</td>
<td>3 hr 25 min</td>
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</tr>
<tr>
<td>La Roche-Bernard</td>
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</tr>
<tr>
<td>Arzal</td>
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<table>
<thead>
<tr>
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<table>
<thead>
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<tbody>
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<tr>
<td>Rohan</td>
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<td>Josselin</td>
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<td>Montreuilot</td>
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<td>Le Roc-St-André</td>
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<td>Malestroit</td>
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<td>St-Martin</td>
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<td>Ile aux Pies</td>
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<tr>
<td>Guenrouët</td>
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<td>2</td>
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<tr>
<td>Blain</td>
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<td>2</td>
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<tr>
<td>La Chevallerais</td>
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<td>End of Canal de Nantes à Brest</td>
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<table>
<thead>
<tr>
<th>Approx time</th>
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<td>16</td>
</tr>
<tr>
<td>Sucé-sur-Erdre</td>
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<tr>
<td>Le Port Brégeon</td>
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<table>
<thead>
<tr>
<th>Approx time</th>
<th>No. of locks</th>
</tr>
</thead>
<tbody>
<tr>
<td>End of Canal de Nantes à Brest</td>
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<table>
<thead>
<tr>
<th>River Aff</th>
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</tr>
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<tbody>
<tr>
<td>Île-aux-Pies</td>
<td>1 hr 10 min</td>
<td>0</td>
</tr>
<tr>
<td>La Gacilly</td>
<td>1 hr 10 min</td>
<td>0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Approx time</th>
<th>No. of locks</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 hr 10 min</td>
<td>0</td>
</tr>
</tbody>
</table>

Times are an approximation only and are calculated on the basis of an average speed of 7.5km/h and an average time of 12 minutes to pass through a lock. Your speed, the flow of the water and the time it takes to go through locks will all affect your progress.
NANTES

Nantes is the historic capital city of the Dukes of Brittany; a city of art and history. Mooring at L’Ile de Versailles is the ideal starting point to wander around the small Japanese garden. You’ll also discover the Castle of the Dukes of Brittany, dating from the 15th century, and its fascinating Museum of History. The well-tended lawns of the encircling moat are a popular spot for picnics. If you’re feeling energetic, there are over 100km of hiking trail trails to be explored, plus a variety of water activities to keep the whole family happy, from canoeing and kayaking to electric boats (+33 (0) 6 86 38 60 99). Don’t miss the St. Christophe church, built in neo-Gothic style, with its rich stained glass windows and organ.

Recommended restaurant: Le Bistro des Enfants Nantais, Rue Desaix.
A 20 minute walk from the L’Ile de Versailles moorings.
Amenities: Everything you need can be found in Nantes – minimarkets, bakeries, butchers, numerous cafes and restaurants.
Market: Tue to Sun (am) – next to Ile de Versailles
Waterside facilities: Marina: water, electricity, toilets, showers

BLAIN

The Canal from Nantes to Brest offers picture-perfect landscapes, crossing through authentic nature and beautiful medieval towns. Blain’s Groulais Castle dates from the 12th century and is one of the most important fortresses of Brittany. Its Museum of Arts and Popular Traditions hosts the largest collection of beans in the world. The 4,500 hectares of Gâvre Forest is a paradise for walkers and cyclists with tree lined alleys, and nature enthusiasts will enjoy foraging for mushrooms and chestnuts.

Recommended restaurant: Le Charli, Rue des Nantes.
A 15 minute walk from the canal.
Amenities: There are supermarkets, bakeries, butcher, cafes and restaurants.
Market: Tue & Sat (am) – Place de l’Eglise
Waterside facilities: Marina: water, electricity, toilets, showers

SUCÉ-SUR-ERDRE

Make a stop in the small port of Sucé-sur-Erdre, a town where cafes and restaurants invite you to have a drink on the terrace in the shade of the chestnut trees. There are numerous nautical activities to try at Base d’activités et Loisirs (+33 (0) 7 82 67 06 89), such as canoeing, sailing and paddle boarding. While cruising along the River Erdre you’ll discover the splendour of the private follies of the rich local ship-owners, built on the river banks.

Recommended restaurant: L’Écume des Jours, Place Charles de Gaulle.
Amenities: There is a supermarket, bakeries, butchers, delicatessen, cafes and restaurants.
Market: Tue (am) – Place Charles de Gaulle | Fri (4pm-7:30pm) – Quai Bliesransbach
Waterside facilities: Marina: water, electricity, toilets, showers, wifi.

GUENROUËT

Guenrouët is the ideal place for a stop with the family. St. Clair Leisure Center offers a multitude of activities with a breath-taking view over the canal. It has an open-air swimming pool, open in July and August, slides and grassy beach. Kids will also love the mini-golf, while pedalos, canoeing, fishing, tennis courts are also available. Check in with the Tourist Office, they organise hikes in the summer on which you can enjoy crêpes and a glass of local cider, both a specialty of this region.

Recommended restaurant: Le Relais Saint Clair, Rue de l’Isac, right next to the port
Amenities: Minimarket, bakeries, butcher, cafes and restaurants.
Waterside facilities: Marina: water, electricity, toilets, showers, wifi.

NORT-SUR-ERDRE

Nort-sur-Erdre is a charming stop. Once an important industrial port, it is now classified as a “Green Holiday Destination” for the richness of its river and surroundings. If you’re feeling energetic, there are over 100km of hiking trail trails to be explored, plus a variety of water activities to keep the whole family happy, from canoeing and kayaking to electric boats (+33 (0) 6 86 38 60 99). Don’t miss the St. Christophe church, built in neo-Gothic style, with its rich stained glass windows and organ.

Recommended restaurant: Le Bretagne, Rue Aristide Briand near the town hall.
Amenities: There are two supermarkets, bakeries, butcher, delicatessen, cafes and restaurants.
Market: Fri (am) – Place du Champ de Foire
Waterside facilities (Le Boat base): water, electricity, toilets, showers, wifi.
LA ROCHE-BERNARD

Classified as a “Small Town of character”, the fortified town of La Roche-Bernard was founded by Vikings in the 10th century. It came to prosperity in the 17th century thanks to its role as a centre for building warships. Step back in time with a visit to the Vilaine Maritime Museum for a fascinating journey into its nautical history. Discover the art of glass blowing at Atelier Verre Tout Horizon, or learn about bee keeping – and stack up on delicious honey – at the Maison de l’Abeille. End your visit at the lookout point in the upper town, the perfect place to watch the sun set over the Vilaine River. Don’t forget to sample the fresh seafood while you’re here – especially the incredible Breton Oysters.

Recommended restaurant: La Sarrasine
Amenities: Supermarkets, bakery, butcher, cafes and restaurants (along the port and in the city centre)
Market: Thu (am)
Waterside facilities: Marina, water, electricity, toilets, showers

ILE-AUX-PIES

In the direction of La Gacilly, the Oust River crosses between granite cliffs, creating natural paradises like the Ile-aux-Pies. This island is an adventurers’ paradise, with climbing peaks, hiking trails, and a zipline. Kids, big and small, can while away the hours, trying their hand at archery, tree climbing and fishing.

Waterside facilities: Quay: water, electricity

LA GACILLY

Crossed by the Aff River, this pretty town bursts with flowers, inviting you to discover its many craftsmen. Painters, sculptors, glass workers and more, work and display their wares here, with colourful exhibitions spilling onto the streets. La Gacilly is also the headquarters of the famous perfume maker, Yves Rocher. Visit the museum to learn more about the founder, and then wander the beautiful botanical garden where you’ll find 1100 species of plant, including a unique collection of sagebrushes. Don’t miss France’s biggest photography festival, which takes place from June to September. 2.7km north of La Gacilly, you can hire donkeys for a fun way to discover the beautiful surroundings with the kids. Children ride on their backs and the adult holds the reigns, while following the marked trails (d.ledouaron@wanados.fr - +33 (0) 2 99 08 04 25).

Recommended restaurant: La Bogue on Rue des États, in the centre of town
Amenities: Everything you need can be found in Redon – supermarkets, bakeries, butchers, numerous cafes and restaurants.
Market: Mon (am) – market hall
Waterside facilities: Marina: water, electricity, toilets, showers

REDON

An official ‘City of character’, Redon sits at the crossroads of the Vilaine River and the Canal de Nantes à Brest. This maritime port was an important stop on the way to Rennes, and each year hundreds of ships were loaded with salt, wine and other goods to be transported to the north. Quai Duguay-Trouin pays testament to this flourishing era with many beautiful 18th mansions built by ship merchants which line the promenade. Don’t miss the ‘Musée de la Batellerie de l'Ouest’ which retraces the epic history of the Brittany canals and the life of the sailors.

Recommended restaurant: La Sarrasine
Amenities: Supermarkets, bakery, butcher, cafes and restaurants (along the port and in the city centre)
Market: Thu (am)
Waterside facilities: Marina: water, electricity, toilets, showers

St. Sauveur Abbey, Redon

Try the Oysters in La Roche-Bernard

ILE-AUX-PIES Canoes

St. Sauveur Abbey, Redon

Recommended restaurant: Les Enfants Gât’thès, Rue la Fayette. A 2 minute walk from the riverbanks.
Amenities: La Gacilly has a supermarket, bakeries, butcher, cafes and restaurants.
Market: Sat (am)
Waterside facilities: Marina: water, electricity

La Gacilly

La Gacilly

Redon

Ile-aux-Pies Canoes

Ile-aux-Pies

Recommended restaurant: La Bogue on Rue des États, in the centre of town
Amenities: Everything you need can be found in Redon – supermarkets, bakeries, butchers, numerous cafes and restaurants.
Market: Mon (am) – market hall
Waterside facilities: Marina: water, electricity, toilets, showers

La Gacilly
MALESTROIT

Nicknamed ‘The Pearl of the Oust River’, Malestroit is classified as a Small City of Character. Its half-timbered houses with sculptured gargoyles and vibrant roof tiles bear witness to its rich past. Stop by the Tourist Office to join a walking tour and, if you happen to visit on a Friday, stroll along the Quay Clisson to see the wares of various craftsmen on display. Let yourself be tempted by the sweet and salty crêpes, accompanied by cider on the pretty Bouffay Square. Close by is the St. Gilles church with its amazing Romanesque sculptures.

Recommended restaurant: L’Auberge Du Corps De Garde, Rue du Général de Gaulle. A 2 minute walk from the Pont Neuf bridge.
Amenities: You’ll find a minimarket, bakery, cafés and restaurants in the city centre.
Market: Thu (am)
Waterside facilities: water, toilets

GUIPRY-MESSAC

Messac has now merged with the neighbouring town and is now called Guipry-Messac. The harbour, once famous for its salt trade offers a beautiful panorama of the Vilaine River with its old mill, now transformed into a restaurant and its quays lined with houses from the 17th century. Moor there for the night and soak up the atmosphere in one of the many cafés and restaurants on the waterfront.

Classified as a “Green Tourist City”, it’s also an ideal starting point for exploring the natural beauty of the region by foot or on bike, along the “voie verte” routes.

Recommended restaurant: La Crêperie, Chemin Glatinier, a restaurant and its quays lined with restaurants in the city centre.
Amenities: There’s a supermarket, delicatessen, bakeries, butcher, wine store, cafés and restaurants.
Market: Thu (am)
Waterside facilities: Marina: water, electricity, Wi-Fi, toilets, showers

JOSSELIN

Your first impression of Josselin is of the imposing château, which looks over the River Oust and still belongs to the Rohan family. Take a tour through its state rooms, taking in its 19th century drawing room and incredible library, which houses over 3,000 volumes. You can also discover the Doll Museum in the outbuildings, with around 600 dolls and other items from all around the world. The French-style gardens with its vast lawns, and elegant rose garden with 40 different species will complete your visit. In the heart of the city, stroll in the Thabor Gardens, built on the site of a Benedictine abbey, and renowned for its pretty English and French gardens.

Recommended restaurant: La Table d’O, Chemin Glatinier, a short walk from the riverbank.
Amenities: You’ll find a minimarket, bakery, cafés and restaurants in the city centre.
Market: Sat (am)
Waterside facilities: Marina: water, electricity

LE BOËL & PONT RÉAN

The Boël site is one of the most picturesque natural sites in the Vilaine valley. Stroll there to admire the old paddle-wheel watermill, dating from 1652, encircled by steep cliffs. There’s a circuit of around 10 kilometres that follows winding tracks and towpaths along the bottom of the cliffs, while nearby Pont Réan and its historic stone bridge, first built by the Romans, served as a toll. Bird-lovers should travel 4km north to Bruz to spend the afternoon at the Brittany’s Ornithological Park to admire 250 species of birds that live in relative freedom in the botanical gardens.

Recommended restaurant: Le Marin’Boël, on the riverside in front of the mill.
Amenities: There are a few cafés and restaurants in Pont Réan
Market: Sun (am) – Rue de Redon in Pont Réan
Waterside facilities: Pontoon: water, electricity. Toilet facilities at the canoing base

RENNES

The capital of Brittany, this City of Art and History will charm you with its streets and squares bordered by pretty half-timbered houses. Its two royal squares and Town Hall date from the 17th century, while The Parliament of Brittany with its exceptional interior décor is worth a visit. Take a guided tour in July or August to see the extensive restoration work. This building is beautifully floodlighted in coloured lights during summer evenings. The Champs Libres brings together the Museum of Brittany, library and planetarium. In the heart of the city, stroll in the Thabor Gardens, built on the site of a Benedictine abbey, and renowned for its pretty English and French gardens.

Recommended restaurant: Chez Régi, Rue Saint-Melaine. A 20 minute walk through the centre from Quai Saint-Cyr moorings.
Amenities: You’ll find everything you need here – supermarkets, bakery, butcher, cafés and restaurants.
Covered market: Mon to Sat (am) & Sat (am) – Place des Lices.
Waterside facilities: Water at Comte Lock and at Quay St. Martin pontoon
HÉDÉ

Hédé is an enchanting town, built on the top of a hill and overlooked by a medieval castle. It owes its reputation to its staircase of 11 locks, stretched over 2km, which moves boats 27 metres uphill. Find out more about the heritage of the river at the Maison du Canal, set up in the Madeleine lock house where you can discover a beautiful collection of photos, models and tools.

Recommended restaurant: La Petite Porte, Place de la Mairie, in the centre of the town.
Amenities: You’ll find a minimarket, bakeries, cafés and restaurants.
Market: Tue (am)
Waterside facilities: Quay de la Madeleine: water, electricity

LÉHON

It’s no wonder Léhon is known as one of Brittany’s most beautiful towns. Set in the picturesque valley of the Rance River, this “Small City of Character” has retained its rich historical and religious heritage. A single street leads from the ruined castle on the hill, down to a little hump-backed bridge over the river, passing the 9th century Benedictine abbey along the way. Built by six Welsh monks who were enchanted by the area’s beauty, take a wander round its gardens and admire the striking stained glass window. The open-air heated swimming pool is open year round and offers a remarkable view of the abbey.

Recommended restaurant: La Marmite de l’Abbaye, Le Bourg.
A short walk from the Abbey.
Amenities: There is a supermarket, bakery, butcher, cafés and restaurants.
Market: Sat (am) – Tennis Club car park.
Waterside facilities: Quay de la Madeleine: water, electricity.

TINTÉNIAC

Not far from Hédé, Tinténiac offers visitors the chance to discover the Museum of Tools and Ancient Crafts, open from July to September. In front of the museum, the picnic tables are a great spot for some lunch whilst the kids play on the play area. Visit the wonderful Ste. Trinité Church, and admire the many charming 15th and 16th century houses in the town.

Recommended restaurant: L’Escale Gourmande, on the port.
Amenities: You’ll find everything you need here - supermarkets, bakery, butcher, cafés and restaurants.
Market: Wed (am)
Waterside facilities: Quay: water, electricity.

Dinan

Dinan is a fortified city perched on its rocky promontory encircled by 2684m of ramparts, the oldest and most impressive in Brittany. The upper town houses Duchess Anne’s Castle and its museum, plus the Clock Tower, purchased by the people of Dinan in 1498. Climb the 158 steps to the top for panoramic views over the city and surrounding area. The imposing viaduct and famous Jerzual Street with its magnificent half-timbered houses lead you to the port, arguably the most attractive part of town, where you can relax at one of the many cafés and restaurants. Stop at the House of the Artist which houses over 4,000 sketches and paintings of Brittany in bygone days. Pick up a map at the Tourist Office for a self-guided walking tour.

Recommended restaurant: La Marmite de l’Abbaye, Le Bourg.
A short walk from the Abbey.
Amenities: Everything you need can be found in Dinan – supermarkets, bakeries, butchers, numerous cafés and restaurants.
Market: Thu (am) – Place du Guesclin
Waterside facilities: Water, electricity.

Hédé Lock

Saint-Trinité Church, Tinténiac

Tinténiac

Dinan

Léhon

Recommended restaurant: L’Atelier Gourmand, Rue du Quai, overlooking the river.
Amenities: Everything you need can be found in Dinan – supermarkets, bakeries, butchers, numerous cafés and restaurants.
Market: Thu (am) – Place du Guesclin
Waterside facilities: Water, electricity.
Marina Office 800m away from Le Boat pontoon Le Boat: showers and launderette.
LOCKS

The locks on the Vilaine River and Canal d’Ille et Rance (between Dinan and La Roche Bernard) and the Canal de Nantes à Brest (between Redon and Pontivy) are manual and operated by a lock keeper, either permanent or itinerant. Please refer to the onboard Boat and Navigation Manual for more information about how to operate and pass through locks. There are no locks on the Erdre River.

OPENING TIMES:

<table>
<thead>
<tr>
<th>MONTH</th>
<th>CANAL D’ILLE ET RANCE, VILAINE RIVER, BLAVET RIVER</th>
<th>CANAL DE NANTES À BREST: REDON - PONTIVY</th>
<th>CANAL DE NANTES À BREST: NORT-SUR-ERDRE - REDON*</th>
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<tbody>
<tr>
<td>April - mid-June</td>
<td>9am - 12:30pm &amp; 1:30pm - 6:45pm</td>
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<tr>
<td>Mid-June - mid-Sept</td>
<td>9am - 12:30pm &amp; 1:30pm - 7:15pm</td>
<td>9:15am - 12:30pm &amp; 2pm - 6:30pm</td>
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<tr>
<td>Mid-Sep - mid-Oct</td>
<td>9am - 12:30pm &amp; 1:30pm - 6:45pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mid-Oct - end of Oct</td>
<td>9am - 12:30pm &amp; 1:30pm - 6pm</td>
<td></td>
<td></td>
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All locks are open every day, including public holidays.

*Do not pass the Digue Lock in Redon but use the Bellion Lock, south of Redon, instead. At Quiheix Lock and Bellion Lock, explanation about how to operate the lock will be provided by lock keepers (+ video and leaflet).

MOORING

You can moor anywhere you want on canals and although don’t moor if there is a sign indicating to the contrary, you are on a bend, or you are less than 50m from a structure such as a bridge. Do not moor at waiting pontoons on either side of a lock (unless you are waiting for the lock). Mooring along the riverbank is not recommended and is forbidden on Vilaine and Erdre Rivers. Most towns and villages have mooring bollards or rings to tie up to, and moorings are usually free. Charges sometimes apply, in particular on the Vilaine River, between Redon and Arzal and on the Erdre River. You also have the option of mooring in a private marina for a charge of between €9 – €35 a night. Usually they’ll have water refill points and electric hook-up facilities (not available on all boats).

WATER

You will need to fill up your water tank once or twice during the course of a week. Water points are available at all Le Boat bases en-route, for free. Otherwise, there are several ports/marinas that will allow you to fill your tank for free or for a maximum charge of €10.

Disclaimer: We have endeavoured to ensure that all the information in this Guide is correct at time of printing. However, opening times and prices are subject to change. Attractions, restaurants, locks and even stretches of the canal can close without notice. Le Boat is happy to recommend all of the attractions and eating establishments featured within this Guide. However, they are not owned or managed by Le Boat and, as such, we cannot guarantee the quality of your experience at any particular time. If anything in this Guide is not correct, we’d love to hear from you at guides@leboat.com so that we can revise future editions.

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